

JULY 31 DAYS

diffuser blends

DAY 1

Summer Love

3 Citrus Bliss®
3 Balance®

DAY 2

Are We There Yet?

3 Peppermint
3 Ginger
1 Wild Orange

DAY 3

Bug Off

2 Arborvitae
2 Citronella
2 Lemon Eucalyptus

DAY 4

Remembrance

2 Peppermint
3 Siberian Fir

DAY 5

Wild Weekend

2 Passion®
2 Citrus Bloom®

DAY 6

Beach Escape

3 Lemon
2 Lime
2 Kumquat

DAY 7

Calm Down

2 Peace®
2 Serenity®
1 Wild Orange

DAY 8

July Cool Down

2 Peppermint
2 Lime
2 Spearmint

DAY 9

Picnic Time

2 Lemon
2 Juniper Berry
2 Black Spruce

DAY 10

Inspired

3 Motivate®
2 Passion®

DAY 11

Animated

3 Wild Orange
2 Lemongrass
1 Cassia

DAY 12

Indoor Tropics

3 Spearmint
3 Kumquat
1 Pink Pepper

DAY 13

Sundowner

3 Copaiba
2 Frankincense
2 Citrus Bloom®

DAY 14

Family Reunion

2 Cheer®
2 Adaptiv®

DAY 15

Have Faith

3 Balance®
3 Serenity®

DAY 16

Botanical Garden

3 Laurel Leaf
2 Lavender
1 Lemon

DAY 17

Margaritas

3 Lime
3 Tangerine
1 Basil

DAY 18

Sweet Dreams

3 Juniper Berry
3 Cedarwood
1 Serenity®

DAY 19

Summer Camp

3 Clary Sage
3 Peppermint
1 Tangerine

DAY 20

Energy High

2 Wild Orange
2 Peppermint
2 Cassia

DAY 21

Fresh + Clean

3 abode®
3 On Guard®

DAY 22

Vanilla Dreams

5 Vanilla
1 Bergamot

DAY 23

Breathe Easy

3 Breathe®
2 Lime

DAY 24

Confidence

3 Lime
3 Eucalyptus
1 Spearmint

DAY 25

Date Night

3 Jasmine
2 Passion®
1 Bergamot

DAY 26

Peaceful

3 Peace®
2 Douglas Fir

DAY 27

Memory Boost

4 Rosemary
2 Grapefruit
1 Peppermint

DAY 28

Get Organized

3 Cinnamon
1 Litsea

DAY 29

Sleep Late

3 Vetiver
3 Balance®
2 Lavender

DAY 30

Woody

3 Cedarwood
3 Black Spruce

DAY 31

Romance

3 Ylang Ylang
3 Cypress

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